



Development Circle Booklet

The text contained within this booklet is a collection of individual writings and instruction for individuals taking part in a spiritual development circle

Contents of this booklet

1. What is a development circle?

2. An outline of the circle format

3. Spiritualism and You

1st level – spiritualism is a recognised religion in most of the Western World today and functions mainly through Churches. Level 1 spiritualism takes the form of communicating with relatives or friends who have passed over. This usually occurs by receiving spiritual messages from them through a medium(s) who are part of that particular Church. The other main aspect of spiritual churches is the training of people for hands on healing and depending on what country you are in, this will take from 1 – 4 years and requires you to satisfy the teachers on one hand, and proof on the other hands from normally 6 subjects who have been treated by you and have improved in health because of that. So you need 6 written confirmations. The third aspect of the regular Sunday service is the singing of psalms or hymns usually 2 – 3 in every given session.

This level of spiritualism is designed to help people understanding that there is an afterlife and that the human soul is immortal. For most people, this is as far as one goes in spiritual terms since mainly, they are using the weekly service to top up with messages.

2nd level – The second level is one in fact which is practised here within the Institute. That is based on certain precepts. One, that spirit is in fact God or any other equivalent name. Two, that the human soul is immortal and has many repeated lifetimes on earth to grow its four essences of love, sensitivity, compassion and understanding. It does not come back as a reincarnation of you as you are today. Generally speaking it comes back as a male if you are a female and vice versa, though there are occasions that it will come back as the same sex as you were in your previous lifetime. Three, one recognises and accepts that one has a spiritual guide who is with us for the whole lifetime. Four, one also accepts that you will not meet your relatives and friends when you join the heavenly state, nor will you exist as you are now literally within minutes of being in the heavenly state. The being you will become will be that which will examine its omissions in life. Five, that the purpose of human existence on earth is to develop character and grow one's essences.

4. A Guide to the presence of the Chameleon

All human beings are created with a positive and negative genetic ability to influence character. These are triggered by the kind of lifestyle through which each individual grows.

5. Human Soul's Twin Existence

This writing illustrates the human dilemma.

6. Cycles of Human Soul Growth

This particular writing was created by the great and the good. By that I mean, writers of prominence who have given some thought to the reason for human existence and come to the following conclusions as per the document. As stated, the italics are the channelled response to each of the statements made in this writing.

7. Creation

Creation is by its very nature, argumentative. In reality however, this is an example where science has in the first instance come close to agreement of how the universe was born. In recent times there has been a great divergence on just how old the universe is and science is grossly split on this matter.

8. Symbol Meanings

Throughout history man and religions have taken symbols from the past and converted them for their own use. There are thousands of examples of this. However, the symbols which nowadays have great meaning – the cross, the prayer, ascension etc., have all been stolen from the pagan past by the religions which now stand today. Therefore the original meaning of much of these have been distorted to fit the modern religions.

9. The Jigsaw of Life

Modern science splits life into the Chaos theory and the evolution of order and cyclical growth. In reality, both of these exist, both on the planet and in the universe, as it does in the individual's human existence. To understand life in all its forms, one must accept that you are looking at a giant jigsaw which slowly as evolution occurs and knowledge is gained, fills in the missing pieces. For evolution at all levels is in fact a jigsaw.

10. Dowsing and Pendulum

Dowsing is the ancient art of water divining. Thousands of years ago most people had the ability to smell water or to feel the presence of it by electrical induction. This art was lost and today in the world, the only people who semi-function this way were the aborigines. Even they are now losing the art due to civilisation.

11. Osho Tarot instruction sheet

This guide will help anyone interested in learning more about how to utilise osho zen tarot card for spiritual readings.

What is a spiritual development circle?

A spiritual development circle consists of 6-8 participants whose collective aim is to develop themselves mentally, emotionally and spiritually. The circle last for about 2 hours depending in time commitments and follows a format that includes a variety of different skills to be practiced and developed. To prevent the circle practice from becoming boring, the skills practice is rotated each week.

The circle format is divided into two key areas, which are 'personal development' and 'spiritual development'. Personal development includes developing the ability to think and reason, as well as developing greater emotional understanding. Spiritual development includes understanding our nature as a human soul and that relationship with the wider universal force that is called 'God'.

The benefits of participating in a circle

The circle format allows like-minded individuals to come together to share a sense of unity and to develop their potential as true spiritual beings. Taking part in a circle is not always easy because where there are people there is the potential for differences of opinion. The circle format provides a good foundation to teach non-judgement and tolerance. Circle participants can also learn more about themselves, which can lead to a greater sense of personal happiness and compassion towards others.

The circle format

The circle format has been created in such a way that allows each participant to develop in a way that suits his or her level of understanding. Each practice within the format allows the participant to experience balance in the areas of personal development and spiritual development. It is important to include that spiritual development is a very personal process and is not about being better than anyone else.

CIRCLE FORMAT – HLI

Writings

To be taken from the book "The Light in Your Life is Spirit". One writing per week is chosen from the book and the individual write down their interpretation of that writing. The group will then discuss the writing from the book and the writings of the group participants, allowing no more than 30 minutes. The following weeks writing will be the next writing from the book so that each writing is completed in sequence.

Meditation

Led by everyone in turn when other circle members are experienced enough.

The remainder of the meeting time will be used to develop each of the following:

A. Pendulum – Each person must be familiar with the pendulum by practise and any problems can be looked at and worked on to create a clearer line of communication.

Once some proficiency is achieved with the pendulum then the group can do pendulum work using the 8 quadrant chart. Individuals can of course also use this chart at home.

B. Osho Cards – The use of the Osho Zen cards must be learned. To do this, each individual in their own time takes one card, writing down the appropriate name at the bottom of the card and then allow themselves to go into the picture. Put in writing what the picture says to them. This process is repeated for every card and then one starts at the beginning again and starts with the first card for a second repeat performance of the whole pack. It is important to make sure to write down what is mentally received by "going into each card." If this process is done properly, clear evidence should be seen that the individual is receiving spiritual interpretation as they go through the pack for a second time. It may take some individuals 3 / 4 sessions of going through the pack. The whole process is based on the individual clearing their mind completely before going into the cards.

C. Hands-on healing – Going in pairs, one doing the healing and the other the subject of healing. At the end, there should be a discussion about the experiences arising from the healing. It should be noted that if the recipient of the healing feels strong negative or depressive-like force on them, to stop immediately as they are receiving extreme negativity from the hands-on healer. This may be simply that the hands-on healer has had an extremely trying and depressive day, and therefore is full of negative emotion which causes this extreme negativity or depression to be transferred to the patient. It is important that negativity is recognised and dealt with. It is equally important that any person continually giving off negativity, should be asked to leave the group, unless they are receiving expert help.

D. Psychometry – Holding an object belonging to an unknown subject and describing what you sense (or are told) from it. It is important to realise that the individual must clear their mind of all thoughts and concentrate on the object for this technique to work.

E. Visions – The use of visions is as ancient as the spiritual process itself. Unfortunately, many people have visions, but unaware of this fact because they often tend to have a vivid imagination. But true visions come in the following form – a complete single picture in black and white or colour, or a clear set of symbols, or a scene.

As these develop, then you may receive a series of 2/3 clear pictures which must be then clearly verbalised for understanding. Visions are on the whole, events happening at the time or about to happen in the foreseeable future. These types of visions are common with people we call Celtic Seers. Other types of visions which are received by a few, are those visions of the internal body, indicating some form of illness or imbalance. These are attributable to people we call Psychic healers.

G. Inspirational writing – Each person going within themselves and writing down whatever spirit gives to them, which can be anything from a thought, or picture, right through to a message for the group or a single person or situation.

The above will be gradually worked through, maybe doing one or two each circle meeting as time allows, but again in rotation. At the end of each circle meeting, distant healing will be sent out into the universe, accompanied by the names within the healing book.

Spiritualism and You

People walk through life completely unaware that they have a soul within and a spirit guide closely attached to them, it does not matter if you are an Atheist, Christian, Muslim, or a Pagan. Spiritualists at least believe in spirit, but do not all understand the same truths, and that is the curse of all religions and peoples for they live in "the house of Babel".

For many spiritualists the desire to communicate with spirit is strong, and for some it is the single desire of their life. So why does this not happen? Well, there are a number of possible reasons like they must believe in God, first they must learn to relax properly and open their mind; they must not have fear (fear is a common problem for failure with communication), and they must believe that no harm will come to them. It is a common fallacy that opening to spirit can allow bad spirit entities to enter your being and control you (NOT TRUE), or the devil will enter and steal your soul (NOT TRUE), and many other myths, all negative and all untrue. No external force can take any individual over, but people can have a strong chameleon (split personality type problem) which can behave in a variety of different ways, and these alone can cause failure to communicate with spirit.

Spirit is a loving positive power who cannot harm you, or judge you, or take you over in anyway, or play games with you like hide your car keys or tools etc., or go switching lights on or off. All these negatives come from the dark side of human nature, better known as the negatives of life, and are powerful.

So, how do people start to communicate with spirit? Start by being positive. All who wish to communicate are worthy, even though people often do not think they are important enough to speak to spirit (spirit is God), that in itself blocks their progress. It must be remembered that spirit knows all your thoughts and emotions, all of which are communicated through your soul.

Once you have removed the barriers I have just mentioned and opened up your mind, then the simplest way to speak to your own guide is by the use of a pendulum. Once you have mastered the pendulum and learned to ask more complicated questions of your guide, then suddenly, you may open up another avenue of communication. The confidence achieved by using a pendulum often results in people being able to learn and give healing.

A word of warning however. Many people suffer from the chameleon syndrome which can be very powerful, and for these people, when they think they are hearing spirit, it is often their own chameleon. They can clear this problem by developing their positive character and any severe problems from their earlier past.

The House of Babel refers to an ancient biblical episode where peoples could not agree amongst themselves because they could not understand each other due to their inability to listen or compromise, God then gave them different tongues, it of course refers to man being unable to understand himself, so it is highly unlikely he will understand himself, or really understand others.

The chameleon is the name given to the other part of a character who exhibits a dual personality which has arisen during their childhood years, and exhibits strong negative tendencies.

A Guide To The Presence of the Chameleon

As a guide to the presence of your chameleon, it is worth asking if these signs are present.....

- Are you really listening to what you are told?
- Have you not done something you should have?
- Have you said that you have done something, believed you have done it, and haven't?
- Do you panic, or switch off when confronted with the truth?
- Are you suspicious of any matter that concerns you?
- If you are told something specific about you, do you change it?
- Do you feel fearful about certain personal situation, and do you know why?
- Do you claim to understand something, but do not where it concerns you or someone close to you?
- Do you run away from the truth by switching off or changing the subject, or getting angry?
- Do you change behaviour drastically according to whom you are with?
- Do you get nervous for no reason?
- Do you find it easy to lie about yourself?

Can you honestly say that you do not suffer from any of these?

THE HUMAN SOUL'S TWIN EXISTENCE

The human soul leads a two-part existence repeated lifetime after lifetime in that it spends part of its life on earth in a human body, and part of its time in the heavenly state, The only common factor is that the soul has no freewill in either existence.

In the ethereal state the soul is utilised solely in working on its omissions from the previous existence on earth, during this period it is not suppressed from natural growth, and lives in an atmosphere of loving energy.

On the earth plain the soul exists as the life force of a human existence, it is subject however to the intellectual growth and understanding of that being. That being has the gift of freewill which enables it to grow beyond programmed behaviour, effectively allowing that being to choose how they grow or behave.

The problem during this period is that the being can choose to lead a life which is against the growth of the soul essences of LOVE, SENSITIVITY, COMPASSION and UNDERSTANDING, if this happens, then the soul essences do not grow or can be depleted to some degree until a point is reached when the soul goes into stasis, that is alive but closed down, it stays that way for the rest of that lifetime.

Souls do not exist to compete with each other, or develop ego, or any of the human negative traits, only the human element created by a combination of genes, environment and negative character growth can do that. So it's only during the earthly stage of its existence that the soul can suffer degradation.

The stage in which the soul resides in heaven causes much confusion for people, especially those who are aware that there are many levels in that state, for instance, the first stage and the only one relevant to the human race consists of 1112 levels, these correspond to the entire complexity of human growth during their lifetimes on earth, and has little or no bearing on one individual lifetime. Competition and Comparison has no place in a soul's existence.

All animal and plant life has a soul, but as no freewill exists in these, their lives are on a single level of existence, and are essential to the wellbeing of the planet and the growth of the human soul.

CYCLES OF THE HUMAN SOUL GROWTH

Throughout time, theologians and philosophers have articulated on the human soul, and gradually over the years, this has taken on a more scientific approach. In the latter years, the Association for Past Life Research and Therapies Inc. have studied and compared many written works on the subject of the soul. These pages contain a brief comparison of some works written in recent years, i.e. Peck/ Fisher-Whitton/ Michael (yarbro).

The material contained below is their description of the soul and its stages as printed by the Assoc. Below each paragraph in italics are comments on the accuracy of truth or otherwise.

LIFE BETWEEN LIFE

The Cosmic Classroom

1. Materialism: The search for physical well-being, a state dominated by sensual craving. There is very little consideration for the feelings of others and philosophical goals are non-existent. There is no recognition of an afterlife or a supreme power of any kind.

2. Superstition: The first awareness that there are forces and entities greater than oneself. Practically nothing is known for this omniscient power; there is solely the appreciation that something is out there which cannot be controlled except, perhaps, by amulets and rituals. A materialistic lifestyle continues to prevail.

3. Fundamentalism: The practice of simple, superstitious and rigid thinking about God or the Almighty. Such thinking becomes the rationale for living. There is belief that prayer, adherence to ritual, and the practice of certain attitudes and behaviour will guarantee the supreme reward – a place in heaven or the afterlife. A leader is usually required to intercede with the all-powerful God, who must be appeased. It matters little whether the leader is a guru who wears a turban or is called Jesus Christ; someone is needed to harness, direct, and expound upon basic conviction.

The true God does not need appeased, as appeasement is not part of his creed.

4. Philosophy: Early awakening to the awareness of self-responsibility. Religious conviction is maintained, but there is an appreciation that reliance on dogma will not suffice. This stage is marked by respect for life, tolerance of the beliefs of others, and an understanding of the deeper teachings of the orthodox religions.

This stage is about internal self-growth based on logic and reason, which leads to spiritual awareness as opposed to religious conviction.

5. Persecution: The prevalence of inner tension and anguish which spring from the intense desire to understand the hidden meaning of life. Awareness that there is a profound meaning and purpose to existence is fraught with uncertainty as to how such knowledge can be attained. The search for answers frequently takes the form of extensive reading, study, and membership in various mystical and metaphysical groups. The title of this state is taken from Christ's Sermon on the Mount and the phrase "Blessed are the persecuted" (Matthew 5:10).

It is true that persecution is self-persecution, and is usually linked to the feeling of inadequacy and lack of certainty in the future.

When these neophyte stages have been successfully completed, the individual steps firmly onto a path of evolution. Evolution can be likened to a huge mountain criss-crossed with trails, some more travelled than others. These diverse paths may lead up the eastern Side through meditation and transcendent contemplation, or they may climb the Western face through mysticism and intellectual metaphysics.

So long as the desire remains to be, to do, or to possess, karmic consequence will continue. The better the law of momentum is understood, the more one can foresee precisely how personal motivation, attitudes, and behaviour are constructing karmic conditions.

Choosing the path of what is called here, evolution, has to be spiritual evolution, since it is dangerous to presume that growing through persecution leads to enlightenment. It can have the reverse effect depending on growth, or otherwise, in the persecution stage.

CYCLES OF SOUL GROWTH

In addition to the five neophyte cycles described by authors Fisher and Whitton (Life Between Life), two more advanced levels complete the process of soul evolution through multiple incarnations.

6. Enlightenment: The seeker of enlightenment has reached a basic awareness and acceptance of universal consciousness and understands the purpose of a soul is to earn the right to permanent residence in the place of light. This is done through meditation and the letting go of material desires and addictions (incl. Meat).

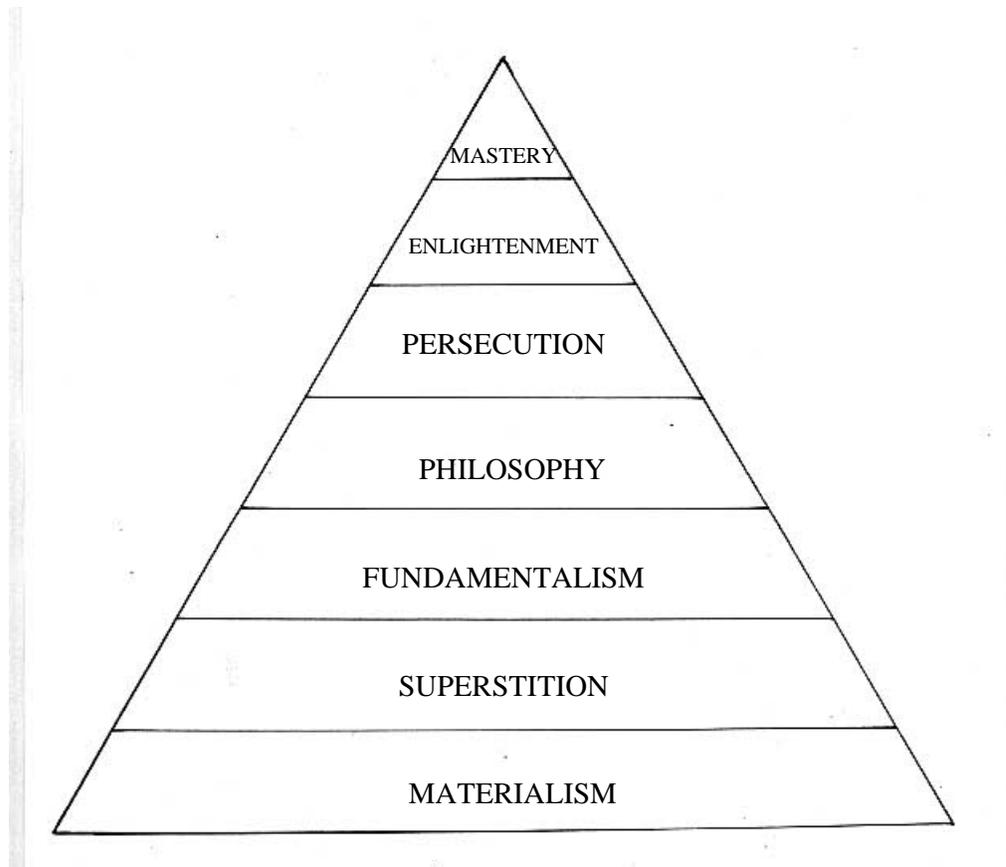
The place of permanent residence does not exist, for no soul remains on what you would call, the light or heavenly plain. Souls will move on to other parts of the universe.

Enlightenment of the soul is reached only by growth of the soul essences which in practical terms, means growth and understanding of the individual character. Though meditations and a more balanced understanding of material desires are helpful, dietary requirements have no influence at all on enlightenment.

7. Mastery: The soul is recognised by its masters as being enlightened when having completed all requirements of the preceding cycle. Further incarnations are voluntarily but usually undertaken to provide guidance to other souls.

There is not such a thing as masters, only high teachers and elders etc. Incarnations are not voluntarily once the soul essences have acquired their full growth, but these souls are available to provide guidance to less fortunate souls or for further growth on other planets in the universe.

Pyramid of soul evolution (enhanced Fisher-Whitton model)

**WHAT IS A PAST LIFE?**

Linear-Sequential Reincarnation refers to the western world interpretation of the rebirth concept from eastern sources. One starts out as a spark of the 'universal light' and proceeds on a laborious journey through hundreds or even thousands of lifetimes subject to negative and positive karma until all the lessons of living are learned. Near the end of the process the then old soul embarks on a spiritual path of seeking the light and ultimately helping others in the quest. It assumes a linear progression through time as most of us understand it.

The above paragraph is basically correct, except that linear progression does not necessarily occur and time does not exist outside human existence.

Random-Sequential Reincarnation functions much in the manner as the above but lives are not necessarily lived in the order of linear time as we know it. This scenario adapts to the notion of "no time in space" in that a soul came out of the timeless in space to any point in earth time to learn what it needs next.

The above should be part of the above paragraph and the only other point that needs to be remembered is that not all reincarnated souls progress. In fact, many regress.

The Oversoul Concept comes from the Seth material which suggests that some of the laws governing energy operate outside of time and space. It suggests that past lives are other lives – a psychic connections with other members of an oversoul family and that these lives are being lived concurrently in different times in our history. It is difficult to determine how karma would work in this option.

This is simply not true.

Psychic Link is the perception that “past lives” are merely a psychic occurrence rather than tapping of far memory. This would mean random access to any pre-existing lifetime that you can connect with to answer your questions. It is a concept that people who perceive time as a linear, adhere to conventional western religious beliefs or none at all can relate to.

All past links reverse the soul and the essences contained within.

Genetic Memory presupposes that we can have memories carried in our genes. The fact that regressed subject hardly ever recall lives of ancestors but do often recall lives in other racial groups render this option as improbable in most cases. It may be possible in rare cases to be able to access genetic memory.

It is true that genes contain memory material, but that memory has nothing to do with a past individual's life, but the memory pertains only to the creation and function of the physical being and development of the brain.

Made-up Drama suggests that regression material is all in the mind – a drama creatively woven from fantasy, bits of known history and cryptnesia (forgotten memories). A theory popular with students of the mind as well as most atheists and believers of conventional western religions, it does not hold up to the scientifically conducted regressions by Helen Walmbach who found the results from 98% of her 1088 clients to be historically accurate.

Though certain psychological conditions lead to people making up parts of their pasts, the mind itself retains a great deal more information of the whole life to date, which can be recalled under certain conditions. Providing they did not have a dramatic effect on that being, will show amazing accuracy. Genuine regression past that life existence, will on occasion reveal some 10% of the previous life existence, but only in some instances, for the soul does not tend to leak past knowledge.

Synopsis Ian Stevenson's research into children who remember past lives indicates these memories are from the most recent past life, strengthening the case that we are dealing with something that is mostly based on memory. I believe that most of the material coming from competently run regressions is suggestive of linear sequential reincarnation although psychic connection, fantasy and even genetic memory may play a part in some regression scenarios. They can be a blend.

It is true that children are often more able to tap into past life regression. This is simply because like immature fruit, their souls guarding membrane is not yet strong enough to contain much of its past information, but this does eventually become the equivalent of a stainless steel box, welded tightly shut. On regressions - however do occur throughout all ages, simply because the soul container can have the equivalent of tiny cracks which do leak.

The Question of Creation

All deep thinkers have from time immemorial asked how creation began, and usually followed this up by some asking how God was created?

Note = time is a man made concept and applies only to human affairs.

The Universe consists of infinite space and mostly void of recognisable atmosphere. It is however, full of particles and a variety of gas clusters.

Some thirty billion years ago an aggregation of minerals and gasses clumped together due to the attraction of positive and negative ions, and due to its density and heat started to spin slowly, thus giving it greater movement. This created an increase of particle adhesion on one hand and a tail like a comet on the other. The tail itself tended to collect the more gaseous materials, which gradually grew until they became part of the mass; thus we had a connected tail. The main mass itself which grew rapidly from a wide range of minerals and chemicals eventually slowed down its revolutionary rate. Gravity was created by the mass of this planet, plus the tremendous variety of chemical reactions taking place in the atmosphere of many gasses. Due to these reactions, energy storms raged as a consistent feature in this atmosphere.

The power we call God was created in this atmosphere as a gigantic energy force. Within that energy, gasses forced together created intelligence, which slowly grew in intelligence and understanding. The growth of the planet and the force we call God, grew rapidly over the next 10 billion years. The planet itself consisted of heavy mineral elements which we call base metals today, and the energy within the planet was multiplying rapidly as in atomic fission. Eventually, the planet blasted apart, close on 20 billion years ago (note: scientists now believe the Big Bang as it is called, occurred 12 billion years ago, though originally it had thought it was about 18 billion years ago). It hurtled throughout space, and parts of that planet, so that now space debris was substantial. The energy released by the exploding planet became part of God's energy, which simply travelled with large particles thrown into space. So elementally, God was created by a mixture of chemicals, their reactions and energy, certainly in different proportions to that of other life, but all life is basically created the same.

Some 14 and a half billion years ago, God created a planet called Zenthos. This planet was not like earth and could be called the blue planet. Evolution occurred in due course upon this planet, and eventually reached what we would call, a humanoid state. These are the oldest form of free living creatures in the universe. To date, some 8012 planets exist throughout the universe which have some form of advanced life that is, upon it. Earth is one of the youngest planets in existence and it is extremely primitive when measured against other planets in the universe. Some 32% of these planets have highly intelligent humanoid creatures. The remainder of life forms, which are extremely diverse, and would challenge our concept of what life is. All of these planets which are more advanced than the human race, live by God's laws (though God has many other names) and all are extremely spiritual compared to man and the primitive of all races at this moment, the Kayons.

The normal process of life, starts mainly in a chemical soup in the presence of large quantities of heat and chemical reactions. Most life consists of the four bases that make up the human DNA structure, though mostly these are in vastly different orders, and in some cases of humanoid existence, either one of the bases is missing, or there is an additional one. All life goes through the same basic formation, single cells to multiple cells, and the creation of special cells, including those for adaptability. Life is a constant evolution of life and death and species become redundant due their inability to adapt to evolutionary change.

All life of the higher form takes between 2 and a half, to five million years to reach their optimum level for proper intellectual growth.

In the earliest existence, that is from 14 and billion years forward, planets were on average created every 3 – 5 thousand years. That was for the first 5 and a half billion years. The rate of development for planets from then onwards has declined, the earth for instance as a planet, was created nearly 6 billion years ago and man as we know him today, has existed for barely 41,000 years.

God is intelligent energy. As a source, there is no method capable of measuring that power. All life in the form of the soul, is also energy, and is part of God. At the point of life existence on a new planet, a known number of spots of energy (souls) are created for existence. As life evolves, so these souls exist on the planet. This means that any one time, only a small number of souls are present on the planet. All souls at this stage have a pre-set pattern of existence, and do not contain freewill. In due time as the planet develops, one or two of the species may show dominance which could indicate a future as a higher specie. If such a point is reached with or without random help, then that creature will be given God's gift of freewill, and this marks that specie from all other life. Evolutionary death of a species, mean that their soul returns to what we on earth call heaven, and in this instance, is reabsorbed into the main energy body and held there to return as part of the new evolutionary species. In the event that a species is given freewill, two changes occur – A – God gave that specie freewill so that it could be used to grow that creatures intelligence by giving it free choice in controlling their life, and B – God gave up the right to control their existence in any matter whatsoever, and allowed natural selection to occur according to the basic instincts of that species.

By giving man freewill as well as pure love for his own, he allowed the evolution of that species to occur. As and when intelligence has reached a point where even simple understanding occurs, then God hopes that some of that species will start to think and search for the reasons of existence as well as the reasons for improving their lifestyle.

Man exists on this earth (like other species do on their own planet), to grow his soul. The soul contains four essences, love, sensitivity, compassion and understanding. The growth of these essences is dependent purely on each individual learning to understand and develop their character so that it is more positive in every way than negative. Human negativity belongs to the darker, more basic side of man's character, and is responsible for much of the destruction of each individual or other's on the planet they live on. God is not a God of mysticism, punishment etc., but is a God of love, truth, trust, sensitivity, compassion, logic, reason and faith. As an intelligent energy, he has no control over man's behaviour or for that matter, any other dominant species on other planets, and is therefore not responsible for many of the troubles that exist due to man's baser nature. This power though formless, contains 100% undying love for all souls, even those who are by society's standards the worst dregs of society.

The question which is sometimes asked, "if there is a God, what does he want?". The answer is straight-forward and simple. As each species becomes more civilised and spiritual, and therefore live more in harmony with all the creation within that planet, the mind creates a positive surplus of energy which charges the atmosphere in which this species live. God removes that energy and utilises it to create new planets and eventually, new souls. Finally, on that note, it has to be said that planet earth is a negative energy planet and will be for a long time to come.

SYMBOLS – THEIR MEANING

THE CROSS

The cross was not a religious or spiritual symbol in its early existence, but rather it was a rallying standard for armies of many cultures and in due time, became a suitable structure upon which to tie victims for torture or burning.

Around 2,300 years ago, it became popular to nail people to the cross to create fear in populations. At the crucifixion of Jesus, God decreed to his followers that the cross would symbolise from that moment onwards, “the crucifixion of the soul on earth due to man’s prevalence for violence and fear rather than love. “ This true meaning has been forgotten as religions throughout the world have taken this symbol and others to fit their own meaning to it. The cross is NOT a religious symbol but a direct covenant between God and his early souls in torment and pain.

PRAYING HANDS

Praying hands goes back into time when the conqueror would accept a person on their knees, hands clasped and pleading for life and mercy. This sublimation of manhood often worked, but only led to a life of misery for many afterwards. In time, people in trouble or when ill, adopted this stance to plead with the unknown spirit for help.

In the time before the crucifixion, Jesus told the people around him that by clasping their hands and speaking to God direct, they would bring the light of God more strongly into their lives, and in essence by focusing on what is now called prayer, their soul can receive more power and enlightenment. Again, the praying hands has now become a religious symbol for a variety of religions.

THE POSTURE OF ASCENSION.

The figure ascending towards heaven indicates that proper prayer enlightens the personal being and causes growth of character and soul. The earlier figures of what is called ascension, were usually depicted as having short wings and were closely associated with the “wise ones” in many pagan cultures.

THE TRIANGLE

The triangle is a symbol of two levels of spiritual existence as God the Father, Jesus the Son, and God the universal power. Or, at an earthly level, God the Universal power, Jesus the Son, and any individual who prays directly to God. The representation is purely the joining and communication of souls.

THE FISH

The fish was used after the crucifixion to symbolise and inform those who followed Jesus and believed in God. It worked on three levels:

- A: As a symbol when drawn in the dirt to indicate the person was a follower of Christ.
- B: When carved or painted on walls as indicated to a meeting place, by following the direction the head pointed to, this then arrived at the meeting place.
- C: To the more spiritual and enlightened person, it symbolically meant that each scale represented a tiny scale, and each of which was part of God, so spiritually each human soul is part of the Universal power that is God.

Since earliest times, man, then later organisations and religions, have stolen symbols which could be used to represent power and continuity, during the last 2000 years the catholic faith more than any other, has used many pagan or universal symbols to bind and retain influence.

THE JIGSAW OF LIFE

Human Existence

Each human being in life at the moment of birth starts off as a whole being immature, unaware and extremely simple. As life progresses the complexities that make human existence start to crowd in on the growing child. Along its course the loving care or brutality of mankind interferes in that existence. The net result of which is no longer a whole being but one that is in pieces like a small jigsaw. In the best state, $\frac{3}{4}$ of that jigsaw remains pieced together and the remaining $\frac{1}{4}$ requires understanding to put it back together. In the worst case, the jigsaw is all made up of separate parts and life becomes a fight to put these parts together.

The wholeness of the jigsaw is entirely dependent on the amount of love and security in the early years, or lack of these. As life progresses, the integration of the jigsaw relies upon the development of character, the use of intelligence to create understanding, and the degree of positivity or negativity of character. For many the jigsaw is never put back together again and this is reflected in their life by being uncertain of whom they are, what they are or what they really desire in life. Sadly, life is not simplistic enough for many to allow such growth back to wholeness. Ideally some of these people will develop enough character and understanding by the time they reach their later years to have put back the jigsaw that is their life into a whole picture. For others and this is the majority, the only prospect they have is coming across a teacher who can teach them to integrate themselves back into a whole being. But this must be seen against a background of a greedy, cold, calculating existence within society.

For some the growth of knowledge and completeness of that jigsaw that makes the human can be obtained while learning to walk the spiritual path that leads to a higher existence of life and understanding. This is usually achieved by a combination of internal growth and participation in a spiritual development circle.

Spiritual Development Circles

Development circles are in themselves a larger jigsaw with the pieces at their start being separated. The pieces of that jigsaw consist of selected people, a source of knowledge and a set of tools to make use of that knowledge and to grow the essences that are so vital to human existence.

Circles are about growth of the individual with the framework of universality. For instance each individual within a circle is one part of the whole within human development. Integrated together by the use of cross fertilisation of ideas and knowledge, understanding of growth and emotions through being varying personalities will in time make each individual stronger, wiser and more complete as a being.

However, development circles are just that. It is not enough simply to integrate the people through discussion, for discussion and understanding can only grow by the use of the source of information and the correct use and development of the tools towards that growth. Irrespective of the individual's future requirements, it is essential to integrate all three aspects towards communication with their own spiritual guide and a greater understanding of their soul.

It is important that the discipline of circle development be maintained and that each subject and each application of tools is truly learned and understood. Some aspects of the tools such as visionary work, clairvoyance, the use of runes etc., come into play gradually as the circles develop. It is to be expected that those tools which require great sensitivity will develop more slowly. Nevertheless the books and the tools are subject to the necessary regular discipline of use and regular development.

The World Jigsaw

In a world as we know today, the intellectual minds spend a great deal of time and study looking at the theory of chaos or control or order or continuing evolution. Each of these along with the evolution and development which equals change are part of this planet. It has to be understood that each of these represent again part of the total jigsaw and the creation of this jigsaw as a whole picture can only happen when man becomes whole within himself and therefore becomes part of his own living planet rather than a hostile or ignorant destroyer. Development of the planet as a whole picture requires one large missing part for its completion as a truly living and viable planet. That is the reintegration of the human soul as a mass with that spiritual content that is the living creation of this planet.

DOWSING AND PENDULUMS

Dowsing has been around in some form or another for thousands of years, and the tools can be made from various materials: hazel twigs or wire which has been manipulated into various shapes. And then there is the Pendulum, which can be made up of a multitude of materials, but is commonly seen either as a crystal, glass, or wooden drop with a thin chain or leather thong attached to the drop itself. The only criteria being, that the drop is heavier than the length of chain or leather it is attached to, in order that it may swing freely. And it is the Pendulum we are going to concentrate on here :

Basically, the pendulum when used properly can be best described as a telephone receiver which when picked up, acts as a through line to spirit. And it can be the easiest method of communing with your spirit guide as it requires no skills, no rituals, and no qualifications of any sort, just the ability to open your mind, and allow your guide to communicate with you via your pendulum.

Once you acquire a pendulum, and it can be as simple as a washer tied with a length of thin string, you should in the first instance cleanse it thoroughly. With all types, you should first wash it gently in a mild solution of soapy water, rinse and dry it well then immerse the drop in a small container of sea salt (dry) for a period of 24hrs to thoroughly cleanse it. After 24hrs, remove it from the sea salt and rinse the drop under running cold water until all traces of sea salt are gone. Leave to dry and then it will be ready to use. It is a good idea however to give the drop a cleanse about once monthly when in use, but you only need to leave it in the sea salt for a couple of hours.

Once you are ready to start using your pendulum, put out of your mind all cares of the day and try to open yourself to receive. Sometimes a short meditation is beneficial when first starting, helping those who find it difficult at first to completely relax. Forget all notions of '*being controlled by another being*', or any similar negative anxieties that simply are a result of pre-conceived views and misunderstandings given to you by people or books. These views simply show the total lack of true understanding of spirit, and what spirit hopes to achieve. There are a few basic rules, and if followed will enable you to quickly develop a deepening spiritual bond which will provide you with the "best friend " you've ever had, a non-judgmental, loving, non-evasive, protective spiritual guide and friend.

DON'T:

- Allow fears to prevent you from using your pendulum.
- Use it for frivolous activities
- Use the pendulum when you are tired, or stressed.
- Allow others to use your pendulum, as all other vibrations can interfere with the intricate vibrational bond between you and your spirit guide, especially when you are first starting out.

DO:

- Use your pendulum knowing that any answers you receive from spirit are only given based on love.
- Always find your 'yes & no ' movements before anything else. Then when you are getting a little more adventurous you can if you wish, start to use the letters of the alphabet, to increase the depth of your answers.

When asking questions, make them short, simple and precise, until you get experienced enough to hold lengthy and involved conversations. If when first starting you find your pendulum is sluggish in movement, slip your free hand underneath the pendulum to get a little extra energy, and usually, you will find the pendulum will move more freely.

Learn to distinguish your own mind from accurate spirit answers, as your own mind is so powerful you must be aware that you can influence the movement of your pendulum. But with experience and time you will learn to distinguish this if it ever arises.

Don't be afraid of your pendulum, enjoy it and use it only ever for the good of mankind.

THE USE OF TAROT CARDS IN SPIRITUAL LINKAGE

There are apparently some 500 types of tarot cards in existence, and a proportion of these are designed for a specific purpose, one example of which, is the Inner child Cards. Most however, are new age fashion cards such as Dragon Cards, Witches Cards etc., and on the whole are mainly playthings.

True spiritual cards have to be based on the complete depth of human understanding that exists within a person's character. It is also necessary that each card gives guidance and direction of that life at that moment of time. The pack that bests fits that needs are the Osho Zen tarot Cards. These again also have an instruction book which can be used by the less spiritual or unawakened being.

For those who wish to communicate with their guide however, a strict discipline of learning and patience is required, which is structured as follows:

1. Do not open the book
2. Have a suitable size notebook and pen to hand.
3. Pick the first card of the deck.
4. Look at it – write the word down that is present on the bottom of the card.
5. Focus your mind and your vision directly on the content of the card and when you start to form thoughts about what you see, write it down below the name in your notebook as completely as you remember.
6. Repeat no. 5 for the next card, then again for a third card. Stop.
7. Leaving a minimum of 12 hours, repeat no.5 and no.6, selecting different cards on each occasion, and continue this procedure until all 79 cards have been covered. Make sure that you leave a sizeable space beneath each writing for future use.
8. Once you have gone through the whole pack, you then repeat the process by going back to the first card and continue the whole process until all 79 cards have been done and the second writings are below the first writings.
9. Compare the two writings for each card, and if you have opened yourself up to your spiritual guide, then the writings will show this by being more ethereal and different from your normal patterns of thought.
10. It may be necessary to repeat the process for a third time, about 15-20% find this necessary. If one fails to learn this properly, one will find that your interpretations and readings have a tendency to be wildly wrong.
11. Some people find their ability enhanced by doing a short meditation before studying the cards.
12. When used properly, you will be guided by your spirit guide to give a reading as directed.
13. A simple card can be chosen daily to make you aware of yourself and your mood.

The use of the Osho cards as a spiritual tool make it easier for the person to open up their channel to spirit and strengthen and clear that channel. The cards are one of a few techniques which improve and heighten spiritual awareness and communication.